

It takes a healthy staff to have a healthy school community



Join us for an upcoming webinar on *Creating a Culture of Well-being: Putting Staff First*

Follow this link & enter Meeting ID to register:
<https://www.gotomeeting.com/webinar/join-webinar>

Wednesday, April 1, 2020

3:30 to 5:00pm PDT
Meeting ID: 985-028-019

Wednesday, April 15, 2020

3:00 to 4:30pm PDT
Meeting ID: 103-847-539

Tuesday, April 28, 2020

4:00 to 5:30pm PDT
Meeting ID: 437-148-643

Learn how a proactive approach to staff well-being can help schools thrive

Designed for teachers, staff and administrators

Healthy staff and teachers are our most valuable resource for creating safe and supportive learning environments. The Way to Well-being workshop series explores why resiliency is a challenging and necessary skill for educators. Participants will be introduced to the Resiliency in the School Environment (RISE) tool which is a no-cost, evidence-informed suite of online resources that assesses safe and supportive school climates with emphasis on the needs of staff. We will use this tool as a guide to explore resources and tips to strengthen staff well-being at the individual, collective and policy level.

Attendees will learn to:

- Describe how toxic stress and ACEs impact the whole school, including staff well-being
- Explain a framework to assess resiliency in the school environment (used in the Kaiser Permanente RISE Index), with a focus on school culture
- Identify at least 3 resources and/or activities to strengthen staff well-being in schools

No cost workshop

1.5 clock hours available

Questions? Contact

KPWA.WFH@kp.org

These events are open to all school or district staff, including teachers, administrators, nutrition services directors, well-being leads, classifieds, and more. Please share with any colleagues you believe will benefit from attending.

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